

Recommended Dose: Adults (19 years and older): Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, yeast, gluten, soy, artificial coloring or flavoring or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

V1.0 **255**



GENESTRA BRANDS

Formula OSG

CALCIUM-MAGNESIUM SUPPLEMENT

90 Tablets

Supplement Facts

Serving Size 1 Tablet
Servings per Container 90

Each Tablet Contains		% DV
Vitamin A (vitamin A palmitate)	1000 IU	20%
Vitamin C (calcium ascorbate)	100 mg	167%
Vitamin D (cholecalciferol)	75 IU	19%
Calcium (calcium carbonate/ascorbate/aspartate)	200 mg	20%
Magnesium (magnesium oxide/citrate)	100 mg	25%
Manganese (manganese aspartate)	9 mg	450%
Vanadium (vanadyl sulfate)	15 mcg	*

* Daily Value (DV) not established

Other ingredients: Cellulose, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

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BARCODE LOCATION
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