

Recommended Dose: Adults (19 years and older): Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. Some people may experience diarrhea. **Guaranteed** to contain no added wheat, yeast, gluten, soy, artificial coloring or flavoring or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

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V1.0 **203**

BARCODE LOCATION
883196 13231



GENESTRA BRANDS

Multi Cal Mag

CALCIUM-MAGNESIUM SUPPLEMENT

90 Tablets

Supplement Facts

Serving Size 1 Tablet
Servings per Container 90

Each Tablet Contains		%DV
Vitamin D (cholecalciferol)	100 IU	25%
Vitamin B ₆ (pyridoxine hydrochloride)	0.5 mg	25%
Calcium (calcium carbonate/bovine bone meal/ dibasic calcium phosphate dihydrate)	150 mg	15%
Phosphorus (bovine bone meal/ dibasic calcium phosphate dihydrate)	37.5 mg	4%
Magnesium (magnesium aspartate/ oxide)	150 mg	38%
Zinc (zinc aspartate)	1 mg	7%
Copper (copper HVP ▲ chelate)	1.25 mg	63%
Manganese (manganese citrate)	0.5 mg	25%
Molybdenum (molybdenum glycinate chelate)	12.5 mcg	17%
Vanadium (vanadyl sulfate)	6.25 mcg	*

* Daily Value not established

▲ Hydrolyzed vegetable (rice) protein

Other ingredients: Cellulose, magnesium stearate, croscarmellose sodium, silica, hypromellose, glycerin
Contains: Egg