

Recommended Dose: Adults (19 years and older): Take one tablespoon daily or as recommended by your healthcare practitioner. **Adolescents (9-18 years):** Take ½ tablespoon daily or as recommended by your healthcare practitioner. **Risk Information:** Some people may experience diarrhea at doses greater than 351 mg per day. **Guaranteed** to contain no added wheat, yeast, gluten, soy, sugar, artificial coloring or flavoring, dairy or animal products. Ideal for vegans. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Shake well before each use. Store in a cool, dry place. Keep out of reach of children.



GENESTRA BRANDS

Magnesium Complex Liquid

MINERAL SUPPLEMENT
Natural Tart Berry Flavor

15.2 fl oz (450 ml)

Supplement Facts

Serving Size 1 Tablespoon (15 ml)

Servings per Container 30

Each Tablespoon Contains		% DV
Calories	30	
Total Carbohydrate	5 g	2%◆
Magnesium (magnesium glycinate/ citrate/malate)	500 mg	125%

◆ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, xylitol, citric acid, DL-malic acid, natural flavor (blueberry/raspberry), xanthan gum, potassium sorbate, sodium citrate, organic stevia leaf extract (glucosylsteviosides)

Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925

Seroyal

V1.0 **235**

Spot UV Location

BARCODE LOCATION
883196 14410