

Recommended Dose: Adults (19 years and older): Take one capsule four times daily or as recommended by your healthcare practitioner. **Adolescents (9-18 years):** Take one capsule three times daily or as recommended by your healthcare practitioner. **Children (6-8 years):** Take one capsule daily or as recommended by your healthcare practitioner. **Risk Information:** Some people may experience diarrhea at doses greater than 350 mg per day. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, soy, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans. **The capsules** are made from 100% pure vegetable sources, free of preservatives and additives. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.



GENESTRA BRANDS

Magnesium

MINERAL SUPPLEMENT

90 Vegetable Capsules

Supplement Facts

Serving Size 1 Capsule
Servings per Container 90

Each Capsule Contains		% DV*
Magnesium (magnesium aspartate/oxide)	100 mg	25%

* Daily Value (DV)

Other Ingredients: Hypromellose, cellulose, magnesium stearate, silica

Seroyal Seroyal USA
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V1.0 **216**

BARCODE LOCATION
883196 11571