

Recommended Dose: Adults (19 years and older): Take two tablespoons two times daily with meals or as recommended by your healthcare practitioner. Take a few hours before or after taking other medications. Shake well before use. Do not refrigerate. **Risk Information:** If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, starch, yeast, gluten, soy, sugar, artificial coloring or flavoring, dairy or animal products. Ideal for vegans. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if inner seal is missing or broken. Store in a cool, dry place. Keep out of reach of children.

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Barcode Location
883196 13130

Spot UV Location



GENESTRA BRANDS

Colloidal Multi Mins Liquid

MINERALS + VITAMIN C SUPPLEMENT

Natural Orange Flavor

33.8 fl oz (1000 ml)

Supplement Facts

Serving Size 2 Tablespoons (30 ml)
Servings per Container about 33

Each Serving Contains		% DV
Calories	15	
Total Carbohydrate	3 g	1%◆
Vitamin C (ascorbic acid)	60 mg	100%
Calcium (calcium carbonate)	6 mg	1%
Iron (iron gluconate)	0.6 mg	3%
Iodine (from kelp)	100 mcg	67%
Magnesium (magnesium hydroxide)	3 mg	1%
Zinc (zinc gluconate)	0.6 mg	4%
Selenium (sodium selenite)	50 mcg	71%
Copper (copper gluconate)	0.2 mg	10%
Manganese (manganese gluconate)	0.6 mg	30%
Chromium (chromium polynicotinate)	100 mcg	83%
Molybdenum (molybdenum citrate)	50 mcg	67%
Potassium (potassium gluconate)	4 mg	<1%
Vanadium (vanadium citrate)	50 mcg	*
▲ Sodium Montmorillonite	40 mg	*

◆ Percent Daily Values (DV) are based on a 2,000 calorie diet
* Daily Value not established
▲ A source of 49 colloidal minerals

Other ingredients: Purified water, glycerin, natural flavor, natural orange flavor, citric acid, potassium sorbate, rebaudioside A (stevia leaf extract)

Made in Canada for
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