



calcium citrate

well absorbed form of
chelated calcium

250mg

mineral
300 tablets
dietary supplement

bones^v
teeth^v

gluten
free

dairy
free

soy
free

nut
free

actual size



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	250 mg	25%

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, stearic acid, croscopovidone, magnesium stearate, pharmaceutical glaze.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) tablet up to four (4) times daily, preferably with meals.

A source of calcium 100% from citrate, a form highly utilized by the body. Four tablets provide 100% of the Daily Value for calcium to help maintain bones and teeth.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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