

Magnesium promotes calcium intake & restores healthy magnesium levels in the body.

Magnesium plays a key role in the activation of amino acids for protein biosynthesis that is highly concentrated in the intracellular fluid and bone.

Safety: Do not use if safety seal is missing or damaged.

Health Through Nature & Science

Made in the U.S.A.

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Calm Magnesium Caps



180 Vegi Capsules
Nutritional Supplement

Suggested Use: 2 Capsules Daily. 90 Day Supply.

Supplement Facts#

Serving Size:	2 Capsules	Servings Per Bottle:	90
	Amount Per Serving		% Daily Value
Magnesium	800 mg		200%
(Combination of Magnesium Aspartate, Citrate & Oxide)			

Other Ingredients: White Rice Flour, Vegetable Gelatin (Capsule).

Contains no yeast, dairy, egg, gluten, soy, sugars, starch, colorings or dyes.

** Percent Daily Value Not Established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Use: 2 capsules daily. Start with one capsule and increase as needed. When bowels are comfortably loose - an optimal level is indicated.

