Human MicroFlora (HMF) probiotic strains are research-driven and clinically proven in randomized, double-blind, placebo-controlled human trials at 25 billion CFU per day. Proprietary non-pathogenic humansourced microflora bacterial strains are utilized as they have strong epithelial adherence and a naturally high tolerance to stomach acid.

Recommended Adult Female Dose: Take two capsules two times daily with meals or as recommended by your healthcare practitioner. Take at least two to three hours before or after antibiotics or other medications. Risk Information: If you have an immune-compromised condition or if you are pregnant: if you currently have or previously had breast cancer and/or breast tumors or if you have a predisposition to breast cancer, as indicated by an abnormal mammogram and/or biopsy, or a family member with breast cancer, do not use. If you are taking health products that affect blood coagulation do not use, as this may increase the risk of spontaneous bleeding. If you are breastfeeding, consult your healthcare practitioner prior to use. If you experience breast pain, discomfort and/or tenderness, if you experience a recurrence of menstruation and/or uterine spotting; or if symptoms of digestive upset occur, worsen or persist beyond three days, discontinue use and consult your healthcare practitioner. Guaranteed to contain no added wheat, gluten, artificial coloring or flavoring, antimicrobial preservatives or dairy products. Ideal for vegetarians. The capsules are made from 100% pure vegetable sources, free of preservatives and additives. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use it inner seal is missing or broken. Store in a cool, dry place, vin 163

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately

BARCODE LOCATION 883196 12601



Multi + Pro F50+

VITAMIN-MINERAL SUPPLEMENT WITH HMF (HUMAN MICROFLORA)

90 Vegetable Capsules



Supplement Facts

Serving Size 2 Capsules

Each Serving Contains		%DV	Each Serving Contains
Vitamin A (vitamin A acetate/			Vanadium [vanadyl sulfate (IV)]
50% beta-carotene)	2500 IU	50%	Silicon (silicon dioxide)
Vitamin C (ascorbic acid)	150 mg	250%	Choline (choline bitartrate)
Vitamin D (cholecalciferol)	500 IU	125%	Inositol
Vitamin E (d-alpha tocopheryl succinate)	60 IU	200%	N-Acetyl-L-Cysteine
/itamin K ₁ (phylloquinone)	30 mcg	38%	Coenzyme Q10 (yeast fermentation
Vitamin K₂ (menaquinone-7)	30 mcg	38%	DL-Alpha Lipoic Acid
Thiamin (thiamin hydrochloride)	2.2 mg	146%	Black Cohosh (Actaea racemosa)
Riboflavin	2.2 mg	129%	Root and Rhizome Extract (4:1)
Niacin (niacinamide)	28 mg	140%	640 mg Dried Equivalent
Vitamin B ₆ (pyridoxine hydrochloride)	10 mg	500%	Soy (Glycine max) Bean Isoflavone
olic Acid	400 mcg	100%	(40% Total Isoflavones)
/itamin B₁₂ (methylcobalamin)	50 mcg	833%	Pomegranate (Punica granatum)
Biotin	150 mcg	50%	Fruit Pericarp Std. Extract (25 - 3
Pantothenic Acid (calcium d-pantothenate)	10 mg	100%	(40% Ellagic acid / 625-750 mg
Iron (ferrous fumarate)	8 mg	44%	Lutein (from Tagetes erecta flower Zeaxanthin
odine (potassium iodide)	300 mcg	200%	(from Lycium chinensis fruit)
Zinc (zinc citrate)	12 mg	80%	Probiotic Consortium
Selenium (selenomethionine)	100 mcg	143%	
Copper [copper (II) gluconate]	1350 mcg	68%	Lactobacillus acidophilus (CUL-60
Manganese [manganese (II) citrate]	2.8 mg	140%	Lactobacillus acidophilus (CUL-2 Bifidobacterium bifidum (CUL-20
Chromium [chromium (III) polynicotinate]	40 mcg	33%	
Molybdenum (sodium molybdate)	90 mcg	120%	Bifidobacterium animalis subsp.
Boron (boron citrate)	100 mcg	*	* Daily Value (DV) not established

vanadium (vanadyi suifate (IV))	15 mcg	
Silicon (silicon dioxide)	10 mg	*
Choline (choline bitartrate)	25 mg	*
nositol	25 mg	*
N-Acetyl-L-Cysteine	25 mg	*
Coenzyme Q ₁₀ (yeast fermentation)	15 mg	*
DL-Alpha Lipoic Acid	15 mg	*
Black Cohosh (<i>Actaea racemosa</i>) Root and Rhizome Extract (4:1) 640 mg Dried Equivalent	160 mg	*
Soy (<i>Glycine max</i>) Bean Isoflavones Ext (40% Total Isoflavones)	ract 50 mg	*
Pomegranate (Punica granatum) Fruit Pericarp Std. Extract (25 - 30:1) (40% Ellagic acid / 625-750 mg Drie		*
Lutein (from Tagetes erecta flower)	4 mg	*
Zeaxanthin (from <i>Lycium chinensis</i> fruit)	500 mcg	*
Probiotic Consortium	2.5 billion CFU	
Lactobacillus acidophilus (CUL-60)		
Lactobacillus acidophilus (CUL-21)		
Bifidobacterium bifidum (CUL-20)		
Difidohactorium animalic cuben lactic	(CIII 24)	

AE mea

Other ingredients: Hypromellose, silica, ascorbyl palmitate Contains: Soy