

Human MicroFlora (HMF) strains are research-driven and clinically proven in randomized, double-blind, placebo-controlled human trials at 25 billion CFU per day. Proprietary non-pathogenic human-sourced microflora bacterial strains are utilized as they have strong epithelial adherence and a naturally high tolerance to stomach acid.

Recommended Adult Female Dose: Take one capsule three times daily with meals or as recommended by your healthcare practitioner. Take at least two to three hours before or after antibiotics or other medications. **Risk Information:** If you have an immune-compromised condition, do not use. If you are pregnant or breastfeeding; or if you have a history of non-melanoma skin cancer, consult your healthcare practitioner prior to use. If symptoms of digestive upset occur, worsen or persist beyond three days, discontinue use and consult your healthcare practitioner. **Guaranteed** to contain no added wheat, gluten, artificial coloring or flavoring, antimicrobial preservatives or dairy products. Ideal for vegetarians. **The capsules** are made from 100% pure vegetable sources, free of preservatives and additives. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if inner seal is missing or broken. Store in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

BARCODE LOCATION
883196 12580



GENESTRA BRANDS

Multi + Pro F

VITAMIN-MINERAL SUPPLEMENT
WITH HMF (HUMAN MICROFLORA)



90 Vegetable Capsules

Supplement Facts

Serving Size 1 Capsule
Servings per Container 90

Each Capsule Contains		% DV
Vitamin A (vitamin A acetate / 33% beta-carotene)	2500 IU	50%
Vitamin C (ascorbic acid)	100 mg	167%
Vitamin D (cholecalciferol)	333 IU	83%
Vitamin E (d-alpha tocopheryl succinate)	40 IU	133%
Vitamin K ₁ (phyloquinone)	20 mcg	25%
Vitamin K ₂ (menaquinone-7)	20 mcg	25%
Thiamin (thiamin hydrochloride)	1.5 mg	100%
Riboflavin	1.5 mg	88%
Niacin (niacinamide)	18.7 mg	94%
Vitamin B ₆ (pyridoxine hydrochloride)	16.7 mg	835%
Folic Acid	267 mcg	67%
Vitamin B ₁₂ (methylcobalamin)	33.3 mcg	555%
Biotin	50 mcg	17%
Pantothenic Acid (calcium d-pantothenate)	6.7 mg	67%
Iron (ferrous fumarate)	12 mg	67%
Iodine (potassium iodide)	200 mcg	133%
Zinc (zinc citrate)	10.7 mg	71%
Selenium (selenomethionine)	73.3 mcg	105%
Copper (copper (II) gluconate)	900 mcg	45%
Manganese (manganese (II) citrate)	1.8 mg	90%
Chromium (chromium (III) polynicotinate)	66.7 mcg	56%
Molybdenum (sodium molybdate)	45 mcg	60%

Other ingredients: Ascorbyl palmitate, silica, hypromellose

Each Capsule Contains		% DV
Boron (boron citrate)	66.7 mcg	*
Vanadium [vanadyl sulfate (IV)]	10 mcg	*
Silicon (silicon dioxide)	6.7 mg	*
Choline (choline bitartrate)	16.7 mg	*
Inositol	16.7 mg	*
N-Acetyl-L-Cysteine	16.7 mg	*
Coenzyme Q ₁₀ (yeast fermentation)	10 mg	*
DL-Alpha Lipoic Acid	10 mg	*
Dried Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Juice	33.3 mg	*
Chaste Tree (<i>Vitex agnus-castus</i>) Fruit Extract (5:1)	16.7 mg	*
83.3 mg Dried Equivalent		
Pomegranate (<i>Punica granatum</i>) Fruit Pericarp Std. Extract (40% Ellagic acid)	16.7 mg	*
Green Tea (<i>Camellia sinensis</i>) Leaf Std. Extract (40% Catechins)	10 mg	*
Probiotic Consortium	1.7 billion CFU	*
<i>Lactobacillus acidophilus</i> (CUL-60)		
<i>Lactobacillus acidophilus</i> (CUL-21)		
<i>Bifidobacterium bifidum</i> (CUL-20)		
<i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34)		

* Daily Value (DV) not established

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