



selenium

200mcg

mineral

300 tablets
dietary supplement

antioxidant ▼

cellular health ▼

thyroid ▼

gluten
free

dairy
free

soy
free

nut
free

actual size



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (from dicalcium phosphate)	50 mg	5%
Phosphorus (from dicalcium phosphate)	39 mg	4%
Selenium (as L-selenomethionine)	200 mcg	286%

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, hypromellose, glycerin, caruba wax, pharmaceutical glaze.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) tablet daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit
www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



learn more at
vsquality.net

