Human MicroFlora (HMF) strains are research-driven and clinically proven in randomized, double-blind, placebo-controlled human trials at 25 billion CFU per day. Proprietary non-pathogenic humansourced microflora bacterial strains are utilized as they have strong epithelial adherence and a naturally high tolerance to stomach acid.

Recommended Adult Male Dose: Take one capsule two times daily with meals, or as recommended by your healthcare practitioner. Take at least two to three hours before or after antibiotics or other medications. Risk Information: If you have an immune-compromised condition, do not use. If you have a history of non-melanoma skin cancer, consult your healthcare practitioner prior to use. If symptoms of digestive upset occur, worsen or persist beyond three days, discontinue use and consult your healthcare practitioner. Guaranteed to contain no added wheat, gluten, artificial coloring or flavoring, antimicrobial preservatives or dairy products. Ideal for vegetarians. The capsules are made from 100% pure vegetable sources, free of preservatives and additives. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if inner seal is

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

V1.0 160

RARCODE LOCATION 883196 12570

missing or broken. Store in a cool dry place.



Multi + Pro M

VITAMIN-MINERAL SUPPLEMENT WITH HMF (HUMAN MICROFLORA)



90 Vegetable Capsules

Gluten free, Dairy free, and FOS free

Supplement Facts Serving Size 1 Capsule

Servings per Container 90 Each Capsule Contains % DV | Each Capsule Contains

Vitamin A (vitamin A acetate/			Chromium [chromium (III) polyni
33% beta-carotene)	4500 IU	90%	Molybdenum (sodium molybdate
Vitamin C (ascorbic acid)	200 mg	333%	Boron (boron citrate)
Vitamin D (cholecalciferol)	500 IU	125%	Vanadium [vanadyl sulfate (IV)]
Vitamin E			Silicon (silicon dioxide)
(d-alpha tocopheryl succinate)	60 IU	200%	
Vitamin K ₁ (phylloquinone)	30 mcg	38%	Choline (choline bitartrate)
Vitamin K ₂ (menaguinone-7)	30 mcg	38%	Inositol
Thiamin (thiamin hydrochloride)	2.4 mg	160%	N-Acetyl-L-Cysteine
Riboflavin	2.6 mg	153%	Coenzyme Q10 (yeast fermentation
Niacin (niacinamide)	32 mg	160%	DL-Alpha Lipoic Acid
Vitamin B ₆ (pyridoxine hydrochloride)	2.6 mg	130%	Yeast (Saccharomyces cerevisiae) ((70% Beta-1,3-Glucans)
Folic Acid	400 mcg	100%	Pomegranate (Punica granatum)
Vitamin B ₁₂ (methylcobalamin)	50 mcg	833%	Std. Extract (40% Ellagic acid)
Biotin	150 mcg	50%	Green Tea (Camellia sinensis) Leaf
Pantothenic Acid (calcium d-pantothen	ate) 10 mg	100%	(40% Catechins)
Iron (ferrous fumarate)	12 mg	67%	Probiotic Consortium
lodine (potassium iodide)	225 mcg	150%	Lactobacillus acidophilus (CUL-60
Zinc (zinc citrate)	16.5 mg	110%	Lactobacillus acidophilus (CUL-2
Selenium (selenomethionine)	150 mcg	214%	Bifidobacterium bifidum (CUL-20
Copper [copper (II) gluconate]	1350 mcg	68%	Bifidobacterium animalis subsp. I
Manganese [manganese (II) citrate]	2.3 mg	115%	* Daily Value (DV) not established

	Chromium [chromium (III) polynicotina	te] 150 mcg	125%
90%	Molybdenum (sodium molybdate)	90 mcg	120%
333%	Boron (boron citrate)	100 mcg	
125%	Vanadium [vanadyl sulfate (IV)]	15 mcg	*
200%	Silicon (silicon dioxide)	10 mg	*
38%	Choline (choline bitartrate)	25 mg	*
38%	Inositol	25 mg	*
160%	N-Acetyl-L-Cysteine	25 mg	*
153%	Coenzyme Q10 (yeast fermentation)	15 mg	*
160%	DL-Alpha Lipoic Acid	15 mg	*
130%	Yeast (Saccharomyces cerevisiae) Cell Wa		
100%	(70% Beta-1,3-Glucans)	35.7 mg	
833%	Pomegranate (Punica granatum) Fruit F Std. Extract (40% Ellagic acid)	ericarp 25 mg	*
50%	Green Tea (Camellia sinensis) Leaf Std. E		
100%	(40% Catechins)	15 mg	*
67%		.5 billion CFU	*
150%	Lactobacillus acidophilus (CUL-60)		
110%	Lactobacillus acidophilus (CUL-21)		
21496	Bifidobacterium bifidum (CUL-20)		

Bifidobacterium animalis subsp. lactis (CUL-34)

Other ingredients: Hypromellose, silica, ascorbyl palmitate

