



From the Earth[®] greens

green food

superfood

Net Wt. **10.5 oz.** (298 g)
dietary supplement

dairy
free

soy
free

nut
free

Supplement Facts

Serving Size 2 Teaspoons (Approx. 5 g)
Servings Per Container: About 60

	Amount Per Serving	% Daily Value†
Calories	20	
Calories from Fat	5	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium	15 mg	<1%
Total Carbohydrate	3 g	1%
Dietary Fiber	1 g	4%
Sugars	0 g	*
Protein	1 g	2%
Vitamin A	450 IU	9%
Vitamin C	6 mg	10%
Calcium	30 mg	3%
Iron	3 mg	17%
Potassium	90 mg	3%

Great Grass Blend 700 mg: Organic Wheat Grass powder*, Organic Barley Grass powder*, Kamut Grass (*Triticum turgidum* ssp.) powder*, Oat Grass powder* and Organic Rye Grass powder* **Great Grains Blend 1,250 mg:** Brown Rice Bran powder*, Organic Flax seed powder * and Barley Malt (sprouted) powder*; **Herbal Blend 1,000 mg:** Organic Alfalfa leaf powder*, Parsley leaf powder*, Bee Pollen powder*, Eleuthero (*Eleutherococcus senticosus*) root powder*, Astragalus root powder*, Green Tea leaf powder*, Milk Thistle seed powder*, Schisandra berry powder*, Licorice root powder*, Royal Jelly powder*, Ginkgo Biloba leaf powder*, Ginger root powder*, Stevia leaf extract*, Aloe Vera leaf powder*, Peppermint leaf powder* and Bilberry leaf powder*; **Sea Vegetable Blend 900 mg:** Spirulina (*Spirulina platensis*) micro-algae powder*, Chlorella microalgae powder*, Dulse (*Palmaria palmata*) frond granules*, Ecklonia (*Ecklonia laminaria*) frond powder*, Sea Whistle (*Ascophyllum nodosum*) frond powder*, Kelp (Pacific) frond powder*, Macrocystis frond powder* and Alaria (*Alaria esculenta*) frond powder*; **Fruit Blend 785 mg:** Apple Pectin powder*, Pineapple fruit powder*, Grape Skin extract* and Acerola Berry juice powder*; **Vegetable Blend 265 mg:** Spinach leaf powder*, Beet Juice powder*, Broccoli florets powder* and Rhubarb Juice powder*; **Prebiotic Blend 100 mg:** FOS (fructooligosaccharides) and Silica.

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Does not contain: Yeast, Corn, Salt, Soy, Dairy, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Mix two (2) teaspoons into 8 oz. of water, apple juice, or other favorite liquid.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

This product is sold by weight, not by volume.

Contents may settle during shipping and handling.

THIS IS A NATURAL PRODUCT.
ACTUAL NUTRIENT CONTENT MAY VARY.

STORE IN COOL, DRY PLACE
KEEP OUT OF REACH OF CHILDREN

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07047
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



learn more at
vsquality.net

Item No. VS-2469
1951524

