



**Chromax<sup>®</sup>**  
**chromium**  
**picolinate**  
clinically studied  
ingredient

200mcg

glucose and fat  
metabolism<sup>▼</sup>

**mineral**  
300 softgels  
dietary supplement

gluten  
free

dairy  
free

nut  
free

actual  
size

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Chromium (Chromax <sup>®</sup> )(as chromium picolinate)	200 mcg	167%

**Other ingredients:** Soybean oil, gelatin, glycerin, purified water, yellow beeswax, soy lecithin, titanium dioxide.

**Contains:** Soy.

**Does not contain:** Yeast, Corn, Wheat, Gluten, Sugar, Salt, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

▼ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) softgel daily, preferably with a meal.

**WARNING:** Do not use if you are pregnant or nursing. Consult your physician prior to use if you are diabetic. Not intended for use by children.

Chromium supports glucose levels already within the normal range.▼

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

Chromax<sup>®</sup> is a registered trademark of Nutrition 21.

**Distributed by:** Vitamin Shoppe, Inc.  
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