

**Recommended Adult Dose:** Take one tablespoon daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding; or if you have a history of non-melanoma skin cancer, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, yeast, gluten, artificial coloring or flavoring or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if inner seal is missing or broken. Shake well before each use. Store in a cool, dry place.



GENESTRA BRANDS™

# Liquid Multi Vite Min

VITAMIN-MINERAL SUPPLEMENT

Spot UV Location

## Seroyal

Made in Canada for  
Seroyal USA  
Pittsburgh, PA 15275  
1-888-737-6925

V1.0 **122**

BARCODE LOCATION  
883196 11161

## 11.5 fl oz (340 ml)

## Supplement Facts

Serving Size 1 Tablespoon (15 ml)  
Servings per Container about 22

| Each Serving Contains                             |           | % DV |
|---------------------------------------------------|-----------|------|
| Calories                                          | 15        |      |
| Total Carbohydrate                                | 4 g       | 1%◆  |
| Vitamin A (vitamin A palmitate)                   | 10 000 IU | 200% |
| Vitamin C (ascorbic acid)                         | 250 mg    | 417% |
| Vitamin D (cholecalciferol)                       | 500 IU    | 125% |
| Vitamin E (d-alpha tocopherol)                    | 45 IU     | 150% |
| Thiamin (thiamin hydrochloride)                   | 5 mg      | 333% |
| Riboflavin                                        | 5 mg      | 294% |
| Niacin (niacinamide)                              | 20 mg     | 100% |
| Vitamin B <sub>6</sub> (pyridoxine hydrochloride) | 5 mg      | 250% |
| Folic Acid                                        | 400 mcg   | 100% |
| Vitamin B <sub>12</sub> (cyanocobalamin)          | 25 mcg    | 417% |
| Biotin                                            | 300 mcg   | 100% |
| Pantothenic Acid (calcium-d-pantothenate)         | 10 mg     | 100% |
| Calcium (calcium lactate)                         | 75 mg     | 8%   |
| Iodine (potassium iodide)                         | 150 mcg   | 100% |
| Magnesium (magnesium gluconate)                   | 20 mg     | 5%   |
| Zinc (zinc gluconate)                             | 10 mg     | 67%  |
| Selenium (sodium selenite)                        | 200 mcg   | 286% |
| Copper [copper (II) gluconate]                    | 1 mg      | 50%  |
| Manganese (manganese gluconate)                   | 2.5 mg    | 125% |
| Chromium [chromium (III) polynicotinate]          | 200 mcg   | 167% |
| Molybdenum (molybdenum citrate)                   | 50 mcg    | 67%  |
| Potassium (potassium gluconate)                   | 25 mg     | <1%  |
| Vanadium (vanadium citrate)                       | 182 mcg   | *    |
| Choline (choline bitartrate)                      | 30 mg     | *    |
| Inositol                                          | 2.5 mg    | *    |

◆ Percent Daily Values (DV) are based on a 2000 calorie diet

\* Daily Value not established

Other ingredients: Purified water, glycerin, natural cherry flavor, sodium hydroxide, xanthan gum, potassium sorbate, stevia leaf extract (rebaudioside A)