



glucomannan

a source of soluble fiber
from konjac root

specialty
100 capsules
dietary supplement

supports
feeling full✓

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 3 Capsules

Serving Per Container: 33

	Amount Per Serving	% Daily Value
Glucomannan (<i>Amorphophallus konjac</i>)(tuber)	1.99 g	*

* Daily Value not established.

Other ingredients: Gelatin, rice flour.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Soy, Salt, Citrus, Fish, Dairy, Preservatives, Artificial Flavors.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

DIRECTIONS: As a dietary supplement, take three (3) capsules before meals with a full glass of water.

WARNING: Do not take if you are pregnant or nursing. Do not take before going to bed. Consult your physician prior to use if you are taking any antidiabetic medications and always take with adequate fluids.

Helps maintain blood glucose levels already within the normal range. May promote feeling of fullness.✓

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.

Item No. VS-2363

1615509

