



omega 3 fish oil

EPA 300mg | DHA 200mg

1000mg fish oil
purity assured
molecularly distilled

cardiovascular^v

specialty

60 softgels
dietary supplement

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2% ¹
Cholesterol	2 mg	1% ¹
Vitamin E (as d-alpha tocopherol)	5 IU	17%
Fish Oil Concentrate	1000 mg	*
providing:		
EPA (Eicosapentaenoic Acid)	300 mg	
DHA (Docosahexaenoic Acid)	200 mg	

¹ Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

Contains: Fish (sardine, anchovy) and Soy.

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Dairy, Citrus, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, take one (1) softgel up to twice daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

The FDA has reviewed the data and concluded that supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

⚠ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.

Secaucus, NJ 07094

Visit www.vitaminshoppe.com or call 1-800-223-1216 for more information and to reorder.

Item No.
VS-3280
1956804

F

P

7



52

8