

Recommended Adult Dose: Take two tablets daily with a meal or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding; if you have liver or gall bladder disorders and/or bowel obstruction; if you are taking any medications contraindicated for people with liver disease or a history of liver disease or in cases of concomitant intake of other liver damaging products, do not use. If you develop symptoms of liver trouble, discontinue use immediately and consult your healthcare practitioner. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, soy, sugar, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

V1.0 **113**

Seroyal

Seroyal USA
Pittsburgh, PA 15275
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BARCODE LOCATION
883196 10321



GENESTRA BRANDS

Ichol

DIGESTIVE SUPPLEMENT

90 Tablets

Supplement Facts

Serving Size 2 Tablets

Servings per Container 45

Each Serving Contains	% DV
Calcium	121 mg 12%
Choline (choline bitartrate)	500 mg *
Inositol	300 mg *
L-Methionine	200 mg *
Beet (<i>Beta vulgaris</i>) Root	100 mg *
Dandelion (<i>Taraxacum officinale</i>) Root	50 mg *
Green Tea (<i>Camellia sinensis</i>) Leaf	50 mg *
Celandine (<i>Chelidonium majus</i>) Herb Extract (4:1)	50 mg *
200 mg Dried Equivalent	

* Daily Value (DV) not established

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin