

**SUGGESTED USE:** Take 1 capsule 20 minutes before breakfast and 1 capsule 20 minutes before lunch, or as directed by your healthcare provider. Do not take within 5 hours of bedtime. This product is intended to be used in connection with exercise and a healthy diet.

**STORAGE:** Store this product in a cool dry place below 30°C (86°F).

**WARNINGS:** The recommended dose of this product contains about as much caffeine as 3 cups of coffee. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heart beat.

**CAUTION:** If you are pregnant, nursing, or currently taking any medication, consult with a physician prior to use.

Do not exceed suggested use.

Keep out of reach of children. Do not give to children.

† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease(s).

# African Mango**PLUS**

- ✓ Lose Weight†
- ✓ Increase Metabolism†
- ✓ Increase Fat Oxidation†
- ✓ Fight Fatigue†
- ✓ Increase Energy†

**HERBAL SUPPLEMENT  
60 CAPSULES**

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	% DV
Chromium (as polynicotinate)	75mcg	63%
Green Tea Leaf Extract	225mg	*
EGCG	135mg	*
Caffeine	200mg	*
African Mango Extract	150mg	*
L-Theanine	8mg	*

\* Daily Value (DV) not established.

Other Ingredients: Gelatin, Cellulose

Distributed By:

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