

**Natrol® L-Carnitine** supplementation helps maximize your workout performance by helping the body produce energy from fat. L-Carnitine transports fatty acids into the cells' fuel burning centers (mitochondria) where they are burned as energy. Together with exercise and a healthy diet, L-Carnitine will help fuel your exercise program for a lean body.<sup>†</sup>

**Consult your healthcare professional** prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

**STORE IN A COOL, DRY PLACE.**  
**KEEP OUT OF REACH OF CHILDREN.**

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 16083 F: 3000100 L: 2004329-15084



# NATROL® L-Carnitine 500mg

- Promotes Fat Metabolism<sup>†</sup>
- Helps Enhance Energy Production<sup>†</sup>

**30 CAPSULES**  
**DIETARY SUPPLEMENT**



**Directions:** Take 1 capsule daily on an empty stomach.

## Supplement Facts

**Serving Size:** 1 Capsule

**Servings Per Container:** 30

| Amount Per Serving      | %DV      |
|-------------------------|----------|
| L-Carnitine (Free Form) | 500 mg * |

\*Daily Value (DV) not established.

**Other Ingredients:** Gelatin, Silica, Magnesium Stearate, Water.

**Manufactured by NATROL LLC**  
**Chatsworth, CA 91311 • USA**  
**1 800 2-NATROL (800 262-8765)**  
**[www.natrol.com](http://www.natrol.com)**

**NO** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Yeast, Corn, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives

LOT/EXP: