



# omega 3 fish oil

EPA 300mg | DHA 200mg

1000mg fish oil  
purity assured  
molecularly distilled

specialty  
120 softgels  
dietary supplement

cardiovascular<sup>v</sup>

gluten  
free

dairy  
free

nut  
free

actual size

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2% <sup>†</sup>
Cholesterol	2 mg	1% <sup>†</sup>
Vitamin E (as d-alpha tocopherol)	5 IU	17%
Fish Oil Concentrate	1000 mg	*
providing:		
EPA (Eicosapentaenoic Acid)	300 mg	
DHA (Docosahexaenoic Acid)	200 mg	

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**Other ingredients:** Gelatin, glycerin, purified water.

**Contains:** Fish (sardine, anchovy) and Soy.

**Does not contain:** Yeast, Wheat, Gluten, Sugar, Salt, Dairy, Citrus, Preservatives, Artificial Colors or Flavors.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**DIRECTIONS:** As a dietary supplement, take one (1) softgel up to twice daily, preferably with meals.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

The FDA has reviewed the data and concluded that supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

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