



omega 3 fish oil

EPA 800mg | DHA 500mg | lemon

1500 mg total omega-3
fatty acids from fish oil

purity assured
molecularly distilled

cardiovascular[✓]

brain[✓] | eye[✓]

specialty

5 fl. oz. (150 mL)
dietary supplement

gluten
free

dairy
free

nut
free

Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	40	
Calories from Fat	40	
Total Fat	4.5 g	7% [†]
Saturated Fat	1 g	5% [†]
Polyunsaturated Fat	2 g	*
Monounsaturated Fat	1 g	*
Cholesterol	25 mg	8% [†]
Omega-3 Fish Oil	4.5 g	*
Total Omega-3 Fatty Acids	1500 mg	*
EPA (eicosapentaenoic acid)	800 mg	*
DHA (docosahexaenoic acid)	500 mg	*
Other Omega-3 Fatty Acids	200 mg	*

[†] Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other ingredients: Natural lemon flavor, natural
tocopherols, rosemary extract, ascorbyl palmitate.

Contains: Fish (from species such as anchovy, sardine and
mackerel) and Soy.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt,
Starch, Dairy, Artificial Preservatives, Colors or Flavors.

DIRECTIONS: As a dietary supplement, take one (1) teaspoon
daily, preferably with a meal.

Shake well before using. **REFRIGERATE AFTER OPENING**

WARNING: Consult your healthcare provider prior to use if
you are pregnant, nursing, taking any medication or have
any medical conditions.

The FDA has reviewed the data and concluded that supportive but
not conclusive research shows that consumption of EPA and DHA
omega-3 fatty acids may reduce the risk of coronary heart disease.[✓]

✓ These statements
have not been
evaluated by the
Food and Drug
Administration.
This product is
not intended to
diagnose, treat,
cure or prevent
any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.
TAMPER EVIDENT Do not use if outer
seal is broken or missing.

MADE IN NORWAY

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