



ashwagandha extract

470mg 1.5% withanolides

herb

60 capsules
dietary supplement

energy^v
vitality^v

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Ashwagandha Extract (<i>Withania somnifera</i>)(root) std. to 1.5% Withanolides 7 mg	470 mg	*

* Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose, silica, magnesium stearate.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

This natural product may vary in color.

^v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) capsule up to twice daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

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Item No. VS-1943

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