

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

Amount Per Serving	% DV
Soy Lecithin	50 mg *
UltraGreen® Blend	50 mg *
Parsley (<i>Petroselinum crispum</i>) (herb), Alfalfa (<i>Medicago sativa</i>) (leaf), Spirulina (<i>Spirulina platensis</i>) (thallus), Spinach (<i>Spinacia oleracea</i>) (leaf), Peppermint (<i>Mentha x piperita</i>) (leaf), Spearmint (<i>Mentha spicata</i>) (herb)	
Inositol	25 mg *
Silica (as Magnesium Trisilicate)	10 mg *
Boron (as Boron Krebs Cycle Chelate)	3 mg *
Vanadium (as Vanadium Krebs Cycle Chelate)	10 mcg *
*Daily Value (DV) not established.	

Other Ingredients: Cellulose, Silica, Stearic Acid, Dicalcium Phosphate, Cellulose Gum, Gelatin, Sucrose, Gum Arabic, Magnesium Stearate, Cornstarch, Methylcellulose, Glycerin, Hypromellose, Maltodextrin, Ethylcellulose, Caramel Color.

Contains Wheat, Soy

Manufactured by NATROL LLC, Chatsworth, CA 91311 • USA
1 800 2-NATROL (800 262-8765) • www.natrol.com

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors or Flavors or Preservatives.

Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs or are pregnant or lactating. People with allergies to soy, wheat or corn should consult their healthcare professional before taking this product.

The Krebs Cycle Chelate is a fully reacted blend of: Citrate, Malate, Fumarate, Succinate and alpha-ketoglutarate organic acids.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

ITEM: 426.911 F: 3002160 L: 2008200-15029



23 VITAMINS & MINERALS

NATROL® MY FAVORITE Multiple®

Take One multivitamin

- *Once-Daily Formula*
- *With Food Based Ingredients*

DIETARY SUPPLEMENT 60 TABLETS

Directions: Take 1 tablet, one time daily, with a meal.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving	% DV
Vitamin A (as Beta Carotene)	5,000 IU 100%
Vitamin C (as Calcium Ascorbate)	100 mg 167%
Vitamin D (as Cholecalciferol)	400 IU 100%
Vitamin E (as d-Alpha Tocopheryl Succinate)	100 IU 333%
Vitamin B-1 (as Thiamine Hydrochloride)	15 mg 1000%
Vitamin B-2 (as Riboflavin)	17 mg 1000%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	17 mg 850%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%
Calcium (as Calcium Krebs Cycle Chelate, Ascorbate)	25 mg 3%
Iron (as Iron Krebs Cycle Chelate)	18 mg 100%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Krebs Cycle Chelate)	10 mg 3%
Zinc (as Zinc Krebs Cycle Chelate)	15 mg 100%
Selenium (as Selenium Krebs Cycle Chelate)	200 mcg 286%
Copper (as Copper Krebs Cycle Chelate)	2 mg 100%
Manganese (as Manganese Krebs Cycle Chelate)	5 mg 250%
Chromium (as Chromium Krebs Cycle Chelate)	200 mcg 167%
Molybdenum (as Molybdenum Krebs Cycle Chelate)	50 mcg 67%
Potassium (as Potassium Krebs Cycle Chelate)	5 mg <1%
Choline Bitartrate	50 mg *
G.P. Flavonoid Complex	50 mg *
Rose Hips (<i>Rosa canina</i>) (fruit), Bilberry (<i>Vaccinium myrtillus</i> & <i>V. angustifolium</i>) (fruit), Milk Thistle (<i>Silybum marianum</i>) (seed), Grape (skin), Hawthorn (<i>Crataegus oxyacantha</i>) (herb), Turmeric (<i>Curcuma longa</i>) (root), Hesperidin, Quercetin, Rutin	

LOT/EXP: