



# brewers yeast

superfood  
500 tablets  
dietary supplement

dairy  
free

soy  
free

nut  
free

actual  
size



## Supplement Facts

Serving Size 6 Tablets  
Servings Per Container 83

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	1.2 g	
Dietary Fiber	0.07 g	3%
Other Carbohydrates	1.13 g	
Protein**	2 g	4%
Thiamin (Vitamin B1)**	470 mcg	30%
Riboflavin (Vitamin B2)**	160 mcg	9%
Niacin**	1170 mcg	6%
Brewer's Yeast	3900 mg	*

\* Daily Value not established.

**Other ingredients:** Croscarmellose sodium, magnesium stearate, silicon dioxide, aqueous coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

**Contains:** Wheat

**Does not contain:** Corn, Sugar, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Artificial Colors or Flavors.

\*\*Naturally occurring, therefore amounts may vary.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take six (6) tablets daily, preferably with meals.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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