



glucosamine chondroitin MSM

joint ▼

mobility ▼

flexibility ▼

specialty

360 capsules
dietary supplement

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 180

	Amount Per Serving	% Daily Value
Glucosamine Sulfate 2KCl**	500 mg	*
Chondroitin Sulfate	400 mg	*
MSM (OptiMSM®) (Methylsulfonylmethane)	500 mg	*

* Daily Value not established.

Other ingredients: Gelatin, rice flour, magnesium stearate, silica.

Contains: Crustacean Shellfish (lobster, crab, shrimp.)

** Glucosamine Sulfate complexed with Potassium Chloride.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Preservatives, or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take two (2) capsules three times daily, preferably with meals.

WARNING: Do not use this product if you are allergic to shellfish or sulfur. Consult your physician prior to use if you are diabetic.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

OptiMSM OptiMSM® is a registered trademark of Bergstrom Nutrition.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



Item No.
VS-1682
1464112



7 66536 01682 2