

Recommended Adult Dose: Take four capsules two times daily with meals or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

V2.0 **400**

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BARCODE LOCATION
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GENESTRA BRANDS

Biotone EFA

ESSENTIAL FATTY ACID SUPPLEMENT

100 Softgel Capsules

Supplement Facts

Serving Size 4 Capsules
Servings per Container 25

Each Serving Contains		% DV
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%♦
Protein	<1 g	1%♦
Vitamin E (<i>d</i> -alpha-tocopherol / mixed tocopherol concentrate)	5 IU	17%
Safflower (<i>Carthamus tinctorius</i>) Seed Oil ▲	1020 mg	*
Flaxseed (<i>Linum usitatissimum</i>) Oil ▲	144 mg	*
Yielding		
Alpha-Linolenic Acid	72 mg	*
▲ Total Linoleic Acid	696 mg	*
Free Plant Sterols (from <i>Glycine max</i> bean) (95% combined: beta-sitosterol, campesterol, stigmasterol)	448 mg	*
Soy Lecithin (from <i>Glycine max</i> bean)	80 mg	*
Policosanol (from <i>Apis mellifera</i> wax)	10 mg	*
Mixed Tocopherol Concentrate	16 mg	*
Yielding		
Gamma-Tocopherol	6.8 mg	*
Delta-Tocopherol	1960 mcg	*

♦ Percent Daily Values (DV) are based on a 2,000 calorie diet.

* Daily Value not established

Other ingredients: Bovine gelatin, glycerin, purified water, silica
Contains: Soy