



Carlson

E•Gems[®] Natural Vitamin E *Plus*

400 IU

DIETARY SUPPLEMENT

Supports a Healthy Heart*

50 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Vitamin E (as d-Alpha Tocopherol from soy)	400 IU	1333%
Total Mixed Tocopherols	95 mg	**
Gamma Tocopherol	70 mg	**
Beta and Delta Tocopherols	20 mg	**

** Daily Value (DV) not established

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water.

Directions: Take one soft gel once or twice daily, **at mealtime.**

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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E-Gems[®]Plus provides the full biological potency of vitamin E as d-alpha tocopherol, plus the antioxidant value of other tocopherols including d-beta, d-delta, and d-gamma tocopherols in significant amounts.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**



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