

**Suggested Usage:** Take 2 capsules 1 to 2 times daily, preferably with food.

Pollens are bees' primary food source and are concentrated in bioactive plant compounds and nutrients. Bee Pollen is a fine powder-like material produced by honey bees from flower pollens mixed with nectar and bee secretions. During ancient times, people throughout the world used bee pollen for its health-sustaining properties and it is still used today for its rejuvenative properties.\* Bee Pollen is a natural and highly nutritious food endowed with a wide range of nutrients and enzymes. NOW® Bee Pollen has not been altered, remaining in its natural form to offer optimal nutrient balance.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. May cause allergic reactions in individuals with pollen allergies. Do not use if pregnant or nursing. Consult physician if taking medication or have a medical condition. Keep out of reach of children.

CODE 2520B V4



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CAPSULE SIZE



# Bee Pollen Caps 500 mg

Nutrient-Dense Superfood

Natural Bee Pollen  
100 Capsules  
A Dietary Supplement

General Health

Family owned since 1968.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 50

### Amount Per Serving

|                   |                 |
|-------------------|-----------------|
| Bee Pollen Powder | 1 g (1,000 mg)* |
|-------------------|-----------------|

\* Daily Value not established.

Other ingredients: Gelatin (capsule), Stearic Acid (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA    [nowfoods.com](http://nowfoods.com)

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

