

Suggested Usage: Take 1 softgel 1 to 3 times daily with food.

NOW® Phosphatidyl Serine with Ginkgo Biloba combines two ingredients that can help to support healthy mental activity.* Phosphatidyl Serine (PS) is a naturally occurring phospholipid derived from soy that plays a critical role in proper cellular membrane function.* It is especially important in the brain and nervous system where PS is critical for mental functions such as memory, attentiveness, and reaction time.* *Ginkgo biloba* may support brain health through its powerful free radical scavenging activity, as well as through other biological mechanisms.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not for pregnant or nursing women. Consult physician if taking medications (especially anticonvulsants, antidepressants, and those that may affect bleeding time), have a medical condition (including liver disease and coagulation disorders), or are planning to have surgery. Do not exceed recommended dosage. Keep out of reach of children.

SOFTGEL SIZE

CODE 2386 V5



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Phosphatidyl Serine 100 mg

Cognitive Health*

With Ginkgo Biloba Extract
60 mg
100 Softgels
A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Phosphatidyl Serine (from soy)	100 mg	†
Ginkgo Extract (<i>Ginkgo biloba</i>) (Leaf) (min. 24% Ginkgo flavonoglycosides and 6% Terpene Lactones)	60 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob), Soybean Oil, Glycerin and Natural Mixed Tocopherols.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with yeast, wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.

