

Precision Engineered has pioneered the manufacture of premium sports nutrition supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. ***We guarantee it.***

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Benefits may vary. Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **908**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Precision Engineered Limited (USA)
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CREATINE

HARDCORE PRECISION ENGINEERED SERIES

Hardcore CREATINE Powder

HPLC Pure Creatine Monohydrate

MUSCLE STRENGTH, POWER & RECOVERY*

• Pharmaceutical Grade

NET WT. 35.27 oz. (2.2 lb.) (1 kg)

VEGETARIAN DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) heaping teaspoon (5 g) daily. Mix with juice or other glucose-containing liquid. Creatine should be consumed within 10 minutes after mixing. Take this product with an adequate fluid intake.

Supplement Facts

Serving Size 1 Teaspoon (5 g)
Servings Per Container about 200

Amount Per Serving	%Daily Value
HPLC Pure Creatine Monohydrate	5,000 mg (5 g) **

**Daily Value not established.

Derived from red meat and fish, Creatine is a key player in energy transfer within muscles.* The majority of the body's Creatine is located in the skeletal muscles where it exists in free form and as creatine phosphate.

As a supplement that helps to promote athletic performance, Creatine enhances the ability to produce higher muscular force, especially during short bouts of maximal exercise.*

Creatine is an excellent supplemental choice for athletes and active adults.