



**kelp**  
source of iodine

thyroid support<sup>v</sup>

**superfood**  
300 tablets  
dietary supplement

gluten  
free

dairy  
free

soy  
free

nut  
free

actual  
size

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%Daily Value
Iodine (from Atlantic Kelp and Potassium Iodide)	225 mcg	150%

**Other ingredients:** Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate.

**Does not contain:** Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

<sup>v</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) tablet daily, preferably with a meal.

**WARNING:** Do not use if you are pregnant, nursing or being treated for hyperthyroidism.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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