

**Natrol® ChromeMate®**, a patented chromium complex bound with niacin, is a unique approach to supporting glucose balance. Chromium is found in small quantities in most foods and a person's dietary needs can increase due to high sugar diets, exercise and other factors. Chromium, working together with insulin, is a vital part of the body's natural mechanism for regulating glucose metabolism. Independent studies show that ChromeMate may be a more bioavailable form of Chromium.†

**Consult your healthcare professional** prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 542 F: 3000218 L: 2004437-11077



# NATROL® ChromeMate®

- **Helps Regulate Glucose Metabolism†**

**90 CAPSULES  
DIETARY SUPPLEMENT**



**Directions:** Take 1 capsule, up to three times daily, with a meal.

## Supplement Facts

**Serving Size:** 1 Capsule  
**Servings Per Container:** 90

Amount Per Serving		%DV
Vitamin B6 (from Pyridoxide Hydrochloride)	10 mg	500%
Chromium (from ChromeMate® Chromium Polynicotinate)	200 mcg	167%
L-Lysine Hydrochloride	62.5 mg	*
L-Arginine	50 mg	*

\*Daily Value (DV) not established.

**Other Ingredients:** Cellulose, Gelatin, Magnesium Stearate, Water.

**Manufactured by NATROL, Inc.**  
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[www.natrol.com](http://www.natrol.com)

**NO** Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives

**CHROME MATE®**

ChromeMate® is a registered trademark of InterHealth Nutraceuticals, Inc.