

Recommended Adult Dose: Take one tablespoon two times daily with meals, a few hours before or after taking medications, or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding, do not use. If you are taking tetracycline, anti-hypertensive, anticoagulant or immunosuppressive drugs; have impaired liver function; or have a history of non-melanoma skin cancer, consult your healthcare practitioner prior to use. Zinc supplementation can cause copper deficiency. If you are unsure if you are taking adequate copper, consult your healthcare practitioner. **Guaranteed** to contain no added wheat, yeast, artificial coloring or flavoring or dairy products. Ideal for vegetarians. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if inner seal is missing or broken. Shake product well before each use. Store in a cool, dry place.

Seroyal Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925

V1.0 **125**

BARCODE LOCATION
883196 10121



Almond Liquid Vite Min

VITAMIN-MINERAL SUPPLEMENT

32.5 fl oz (960 ml)

Supplement Facts

Serving Size 1 Tablespoon (15 ml)
Servings per Container 64

Each Tablespoon Contains		% DV	Each Tablespoon Contains		% DV
Calories	40		Selenium (sodium selenite)	100 mcg	143%
Total Carbohydrate	10 g	3%◆	Manganese (manganese gluconate)	3 mg	150%
Sugars	9 g	*	Chromium (chromium chloride)	75 mcg	63%
Vitamin A (vitamin A palmitate)	5000 IU	100%	Molybdenum (sodium molybdate)	25 mcg	33%
Vitamin C (ascorbic acid)	250 mg	417%	Potassium (potassium chloride)	10 mg	<1%
Vitamin D (cholecalciferol)	100 IU	25%	Vanadium (sodium metavanadate)	20 mcg	*
Vitamin E (d-alpha tocopherol)	75 IU	250%	Choline (choline bitartrate)	15 mg	*
Thiamin (thiamin hydrochloride)	10 mg	667%	Inositol	10 mg	*
Riboflavin	10 mg	588%	Quercetin Dihydrate (from <i>Flos sophorae immaturus</i>)	5 mg	*
Niacin (niacinamide)	20 mg	100%	Coenzyme Q ₁₀ (fermentation)	1 mg	*
Vitamin B ₆ (pyridoxine hydrochloride)	15 mg	750%	L-Glutamine	1 mg	*
Folic Acid	500 mcg	125%	Stevia (<i>Stevia rebaudiana</i>) Leaf Std. Extract (90% Stevioside)	20 mg	*
Vitamin B ₁₂ (cyanocobalamin)	25 mcg	417%	Cat's Claw (<i>Uncaria tomentosa</i>) Bark Extract (1:5) 1 mg Dried Equivalent	0.005 ml	*
Biotin	100 mcg	33%	Grape (<i>Vitis vinifera</i>) Seed Extract (1:2) 0.1 mg Dried Equivalent	0.0002 ml	*
Pantothenic Acid (panthenol)	10 mg	100%	◆ Percent Daily Values (DV) are based on a 2000 calorie diet		
Calcium (calcium chloride)	75 mg	8%	* Daily Value not established		
Iodine (potassium iodide)	200 mcg	133%			
Magnesium (magnesium gluconate)	30 mg	8%			
Zinc (zinc gluconate)	5 mg	33%			

Other ingredients: Fructose, purified water, glycerin, glucose, natural almond flavor, polyoxyl 35 castor oil, sodium hydroxide, xanthan gum, potassium sorbate