Other Ingredients: Cellulose, Stearic Acid, Silica, Cellulose Gum, Methylcellulose, Glycerin, Magnesium Stearate, Di Calcium Phosphate, Maltodextrin, Gum Acacia, Water, Candellila Wax, Bee's Wax, Calcium Silicate, Alginate, Caramel Color, Corn Starch.

> Manufactured by NATROL LLC Chatsworth, CA 91311 • USA 1 800 2-NATROL (800 262-8765) www.natrol.com

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Soybeans, Yeast, Artificial Flavors, Added Sugar or Preservatives

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, are pregnant or lactating, or have allergies to wheat or corn.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



B-100 Complex

- Stress Support[†]
- May Help Increase Energy Levels[†]

100 TABLETS
DIETARY SUPPLEMENT



Directions: Take 1 tablet, one time daily, with a meal.

Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 100

Amount Per Serving		% DV
Thiamin (Vitamin B-1) (from Thiamin Hydrochloride)	100 mg	6,667%
Riboflavin (Vitamin B-2)	100 mg	5,882%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (from Pyridoxine Hydrochloride)	100 mg	5,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (Cyanocobalamin)	100 mcg	1,667%
Biotin	100 mcg	33%
Pantothenic Acid (from d-Calcium Pantothenate)	100 mg	1,000%
Calcium (from Calcium Carbonate)	17 mg	2 %
UltraGreen® Bland	150 mg	*

UltraGreen® Blend 150 mg
Parsley herb, Alfalfa leaf, Spirulina thallus,
Spinach leaf, Peppermint leaf, Spearmint herb
Choline Bitartrate 100 mg

Choline Bitartrate 100 mg
Inositol 100 mg
Para-Aminobenzoic Acid (PABA) 100 mg

*Daily Value (DV) not established.