

Suggested Usage: Take 2 capsules daily between meals.

Norepinephrine and Dopamine are key neurotransmitters for the maintenance of alertness and mental acuity and for promoting a feeling of general well-being.* These two neurotransmitters are produced in the body from the amino acid precursors L-Tyrosine and L-Phenylalanine.* This conversion process also requires Vitamins C and B-6 as cofactors.* NOW® True Focus™ combines these important nutrients with other ingredients like *Ginkgo biloba* and DMAE to complement this formula.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Phenylketonurics (PKU): This product contains L-Phenylalanine. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

Natural color variation may occur
in this product.

CODE 0157 V7



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True Focus™

Neurotransmitter Support*

- Amino Acids, Ginkgo and DMAE
- Plus CoQ10 and Grape Seed Extract

Recommended by
Julia Ross, M.A.

Author of The Diet Cure
& The Mood Cure

90 Veg Capsules

A Dietary Supplement

Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin C (from Potassium Ascorbate)	36 mg	60%
Vitamin B-6 (from Pyridoxine HCl)	12 mg	600%
Potassium (from Potassium Ascorbate)	10 mg	< 1%
L-Tyrosine (Free-Form)	800 mg	†
L-Phenylalanine (Free-Form)	300 mg	†
Taurine (Free-Form)	100 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Standardized for Polyphenols)	80 mg	†
Potassium Ascorbate Powder	60 mg	†
DMAE (from Dimethylaminoethanol Bitartrate)	60 mg	†
Ginkgo Extract (<i>Ginkgo biloba</i>) (Leaf) (50:1 Standardized Extract, min. 24% Ginkgo flavonglycosides and 6% Terpene Lactones)	40 mg	†
CoQ10 (Coenzyme Q10) (as Ubiquinone)	10 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Store in a cool, dry place after opening. Please Recycle.

