

Natrol® Melatonin 5mg Fast Dissolve is a fast-acting sleep aid for relief of occasional sleeplessness. Melatonin helps establish normal sleep patterns to promote a more restful, relaxing sleep and better overall health. Get the rest you need with this delicious, easy-to-use tablet.†

WARNING: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional prior to use if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle. People with allergies to soy, wheat, or corn should consult their healthcare professional before taking this product.

Storage: Keep tightly closed in a dry place at room temperature (59-77 degrees F).
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL® Melatonin 5 mg

Fast Dissolve

- Nighttime Sleep Aid†
- Drug-Free



**Natural Strawberry
Flavor & Sweeteners**

90 Tablets
Dietary Supplement



Directions: Take 1 tablet 20 minutes before bedtime. For best results, allow a tablet to dissolve in the mouth before swallowing. No water necessary.

Supplement Facts

Serving Size: 1 Fast Dissolve Tablet
Servings Per Container: 90

Amount Per Serving	%DV
Melatonin	5 mg *

*Daily Value (DV) not established.

Other Ingredients: Xylitol, Cellulose Gum, Natural Flavor System (Strawberry), Soy Polysaccharides, PVP, Beet Root Powder, Malic Acid, Silica, Stearic Acid, Magnesium Stearate, Citric Acid, Maltodextrin, Modified Food Starch.

Manufactured by NATROL LLC
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NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors, or Preservatives

Contains Wheat, Soybeans
100% Vegetarian

LOT/EXP: