Manufactured for NATROL, Inc. Chatsworth, CA 91311 • USA 1 800 2-NATROL (800 262-8765) www.natrol.com

Warning: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your physician before using if you have an autoimmune condition or depressive disorder or are pregnant or lactating. People with allergies to gluten or wheat should consult their healthcare professional before taking this product. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITFM: 4408 1: 2006454-1201



NATR®L NATR®L 2.5 mg Liquid

- Drug-free Nighttime Sleep Aid[†]
- Promotes Normal Sleep Patterns[†]
- 100% Vegetarian

8 FL. OZ. (237 mL)
DIETARY SUPPLEMENT



Directions: Shake well before each use. Take 2 teaspoons (10 mL), 20 minutes before bedtime. May be taken directly or combined with water or juice. Do not exceed the recommended dose.

Supplement Facts Serving Size: 2 Teaspoons (10 mL)

Serving Size: 2 reaspools (10 III2) Servings Per Container: About 23

Amount Per Serving		%DV
Calories	20	
Total Carbohydrate	3 g	1%*
Sugars	3 g	**
Melatonin	2.5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Water, Ethyl Alcohol (as preservative), Fructose, Natural Raspberry and Vanilla Flavors. Colored with Caramel.

NO Yeast, Milk, Egg, Soy, Artificial Colors or

OI/EX