Directions for Use:

Take 3 capsules daily until desired comfort is reached. May reduce number of capsules taken daily to maintain comfort level. Capsules may be taken all at once or divided with meals *

Gluten-Free

If you have any condition that requires medical attention always consult your physician before taking any dietary supplement.

KEEP IN A COOL, DRY PLACE. IMPORTANT: TAMPER EVIDENT SEAL LINDER CAP DO NOT USE

IF SEAL IS BROKEN OR MISSING.

Learn More: COSAMIN.COM or 1-877-COSAMIN (1-877-267-2646)













Supplement Facts Serving Size 3 Capsules

Servings Per Container ~76 Amount Per Serving % Daily Value Calories 10 Sodium 100 ma Total Carbohydrates 2 g Vitamin C 6 mg (as Manganese Ascorbate) Manganese 1 mg (as Manganese Ascorbate) Glucosamine HCI 1.5 g Sodium Chondroitin Sulfate 1.2 g

**Percent Daily Values are based on a 2,000 calorie diet Daily Value Not Established

nutramax

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Psalm 86:12