

Gymnema Sylvestre is an herb which has been used for centuries by Ayurvedic traditional medicine for its health benefits. **Natrol® Gymnema Sylvestre** is provided in a pure 5:1 extract.[†]

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to cornstarch should consult their healthcare professional before taking this product.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 772 F: 3000264 L: 2004381-13057



NATROL[®]

Gymnema Sylvestre

300mg

- Ayurvedic Herb Traditionally Used to Reduce Cravings for Sweets[†]

90 CAPSULES
DIETARY SUPPLEMENT



Directions: Take 1 capsule, two times daily, with water 15 minutes before a meal.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Gymnema 5:1 Extract (<i>Gymnema sylvestre</i>) (leaf)	300 mg*
Pullulan Powder	150 mg*

*Daily Value (DV) not established.

Other Ingredients: Cellulose, Gelatin, Water, Magnesium Stearate.

Manufactured by NATROL, Inc.
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www.natrol.com

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Artificial Colors or Flavors, Added Sugar or Preservatives