Gymnema Sylvestre is an herb which has been used for centuries by Ayurvedic traditional medicine for its health benefits. Natrol® Gymnema Sylvestre is provided in the most desirable form, a pure 5:1 extract.¹

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 770 F: 3000264 L: 2004380-12160



Gymnema Sylvestre 300mg

 Ayurvedic Herb Traditionally Used to Reduce Cravings for Sweets[†]

30 CAPSULES
DIETARY SUPPLEMENT



Directions: Take 1 capsule, two times daily, with water 15 minutes before a meal.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Pullulan Powder

Gymnema 5:1 Extract 300 mg* (Gymnema sylvestre) (leaf)

*Daily Value (DV) not established.

Other Ingredients: Cellulose, Gelatin, Water Magnesium Stearate.

Manufactured by NATROL, Inc. Chatsworth, CA • 91311 • USA 1 800 2-NATROL (800 262-8765) www.natrol.com

NO Wheat, Milk, Egg, Soy, Artificial Colors or Flavors, Added Sugar or Preservatives

150 ma*