



valerian root extract

organic, alcohol free

1000mg

herb

2 fl. oz. (59 mL)
dietary supplement

sleep^v

relaxation^v

gluten
free

dairy
free

soy
free

nut
free

Supplement Facts

Serving Size 1 mL (approx. 30 drops)

Servings Per Container: 59

	Amount	% Daily
	Per Serving	Value
Organic Valerian Root Extract 1:1 (<i>Valeriana officinalis</i>)(root)	1000 mg	*

* Daily Value not established.

Other ingredients: Vegetable glycerin, deionized water.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, mix one (1) dropper (approximately 30 drops) in 1-2 oz. of water.

Shake well before using.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit www.vitaminshoppe.com
or call 1-800-223-1216
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