



Golden Primrose

Evening Primrose Oil

DIETARY SUPPLEMENT

Promotes Healthy Skin*

50 Soft Gels: 1300 mg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%**
Evening Primrose Oil	1300 mg	†
Gamma Linolenic Acid (Omega-6)(cis)	110 mg	†
Linoleic Acid (Omega-6)(cis)	850 mg	†
Oleic Acid (Omega-9)(cis)	80 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water.

Directions: Take 1 soft gel daily, **at mealtime.**
Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

Always cold-pressed, Carlson Golden Primrose is a source of Gamma Linolenic Acid (GLA), an important omega-6 fatty acid.

The seeds used are collected from fields entirely free of herbicides or pesticides. They are cleaned and processed without solvents or heat. The oil is then kept free of light and oxygen to preserve the quality.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004
888-234-5656 • 847-255-1600 • www.carlsonlabs.com
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