



Especially for Men®

nutrients and herbs
for men's wellness

prostate[†]

antioxidant[†]

immunity[†]

energy production[†]

300 Tablets • Dietary Supplement

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 2 Tablets
Servings Per Container: 150

	Amount Per Serving	% Daily Value
Vitamin A (as acetate and mixed carotenoids)	10000 IU	200%
Vitamin C (as ascorbic acid)	30 mg	50%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K (as phytonadione)	75 mcg	94%
Thiamin (Vitamin B1)(as thiamin mononitrate)	30 mg	2000%
Riboflavin (Vitamin B2)	30 mg	1765%
Niacin (as niacinamide)	30 mg	150%
Vitamin B6 (as pyridoxine HCl)	30 mg	1500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	30 mcg	500%
Biotin	250 mcg	83%
Pantothenic Acid (as d-calcium pantothenate)	30 mg	300%
Calcium (as dicalcium phosphate)	220 mg	22%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc oxide)	25 mg	167%
Selenium (as amino acid chelate)	100 mcg	143%
Copper (as copper sulfate)	2 mg	100%
Manganese (as amino acid chelate)	5 mg	250%
Chromium (as amino acid chelate)	50 mcg	42%
Chloride (as potassium chloride)	28 mg	<2%
Potassium (as potassium chloride)	30 mg	<2%
Silica (as silicon dioxide)	10 mcg	*
Choline (as choline bitartrate)	10 mg	*
Inositol	10 mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Citrus Bioflavonoid Complex	50 mg	*
Damiana Leaf Powder (<i>Lumera diffusa</i>)	70 mg	*

	Amount Per Serving	% Daily Value
Panax Ginseng Powder	70 mg	*
Oat Straw Powder (<i>Avena sativa</i>) (green tops)	70 mg	*
Garlic Powder (<i>Allium sativum</i>) (bulb)	50 mg	*
Oyster Extract	50 mg	*
Prostate Powder (from bovine)	50 mg	*
Saw Palmetto Powder (<i>Serenoa repens</i>)(berry)	50 mg	*
L-Cysteine HCL anhydrous	50 mg	*
Stinging Nettle Powder (<i>Urtica dioica</i>) (leaf)	30 mg	*
Pumpkin Seed Powder (<i>Cucurbita pepo</i>)	30 mg	*
L-Methionine Powder	10 mg	*
Alpha-Lipoic Acid	5 mg	*
Lycopene (as Lyc-O-Mato [®] tomato extract)	1 mg	*

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, pharmaceutical glaze, hypromellose, camuba wax, glycerin.

Contains Soy.

Does not contain: Yeast, Wheat, Gluten, Salt, Dairy, Preservatives, Artificial Colors or Flavors.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take two (2) tablets daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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