## Directions for Use:

Take 3 capsules daily until desired comfort level is reached. Then gradually reduce number of capsules taken daily to maintain comfort level. Capsules may be taken all at once or divided with meals throughout the day.\*

IF YOU HAVE ANY CONDITION THAT REQUIRES MEDICAL ATTENTION, ALWAYS CONSULT YOUR PHYSICIAN BEFORE TAKING ANY DIETARY SUPPLEMENT, KEEP IN A COOL, DRY PLACE. IMPORTANT: TAMPER EVIDENT SEAL UNDER CAP.

DO NOT LISE IF SEAL IS BROKEN OR MISSING.

\*Based on published studies in U.S. peer-reviewed journals. Cosamin is the most researched plucosamine/chondroitin brand







Tested and Certified by NSF.

For more information visit Cosamin.com or call Customer Service at 1-877-COSAMIN (1-877-267-2646).

## nutramax CONCUMENCARE INC

JOINT HEALTH SUPPLEMENT\* The ORIGINAL & #1 RESEARCHED BRAND\*



Dietary Supplement: Glucosamine HCI Chondroitin Sulfate

**108 CAPSULES** Cosamir'05

## Supplement Facts Serving Size 3 Capsules

Servings Per Container 36

0/ Daily-Makes

Amount Per Serving	% Daily Value
Calories 15	
Sodium 105 mg	4%**
Total Carbohydrates 1.5 g	<1%**
Vitamin C 6 mg (from Manganese Ascorbate)	10%
Manganese 1 mg (from Manganese Ascorbate)	50%
Glucosamine HCI 1.5 g	
Sodium Chondroitin Sulfate 1.2 g	

†Daily Value Not Established

OTHER INGREDIENTS: GELATIN, CONTAINS < 2% OF: WATER, MAGNESIUM STEARATE, TITANIUM DIOXIDE (COLOR), RED 3, AND BLUE 1.

CONTAINS: GLUCOSAMINE DERIVED FROM CRAB AND SHRIMP. GLUTEN-FREE

\*\*Percent Daily Values are based on a 2,000 calorie diet

