

equaline™

compare to
Centrum®
with Lycopene†

with
Lycopene

complete antioxidant
group
multivitamin/multimineral



100 + 30 tablets

central-vite®
dietary supplement



central-vite®
dietary supplement

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 3500 I.U.	70%	Biotin 30 mcg	10%	Molybdenum 75 mcg	100%
(29% as Beta Carotene)		Pantothenic Acid 10 mg	100%	Chloride 72 mg	2%
Vitamin C 60 mg	100%	Calcium 162 mg	16%	Potassium 80 mg	2%
Vitamin D 400 I.U.	100%	Iron 18 mg	100%	Boron 150 mcg	+
Vitamin E 30 I.U.	100%	Phosphorus 109 mg	11%	Nickel 5 mcg	-
Vitamin K 25 mcg	31%	Iodine 150 mcg	100%	Silicon 2 mg	-
Thiamin (Vit B1) 1.5 mg	100%	Magnesium 100 mg	25%	Tin 10 mcg	-
Riboflavin (Vit B2) 1.7 mg	100%	Zinc 15 mg	100%	Vanadium 10 mcg	-
Niacin 20 mg	100%	Selenium 20 mcg	29%	Lutelin (Lagotis erecta)	+
Vitamin B6 2 mg	100%	Copper 2 mg	100%	(flower) 250 mcg	+
Folic Acid 400 mcg	100%	Manganese 2 mg	100%	Lycopene 300 mcg	-
Vitamin B12 6 mcg	100%	Chromium 120 mcg	100%	*Daily Value (DV) not established.	

INGREDIENTS: Dicalcium Phosphate, Magnesium Oxide, Potassium Chloride, Cellulose, Ascorbic Acid, Ferrous Fumarate, Calcium Carbonate, Corn Starch, di-Alpha Tocopheryl Acetate, Nicotinamide, Gelatin, Zinc Oxide, Croscarmellose Sodium, Dextrin, Titanium Dioxide, Hypromellose, d-Calcium Panthothenate, Crospovidone, Magnesium Stearate, Calcium Silicate, Silicon Dioxide, Manganese Sulfate, Polyethylene Glycol, Pyridoxine Hydrochloride, Cupric Oxide, Glucose, Acacia, Thiamine Mononitrate, Sucrose, Soy Lecithin, Riboflavin, Maltodextrin, Sodium Borate, Vitamin A Acetate, Beta Carotene, Resin, Yellow 6 Lake, Chromium Chloride, Folic Acid, Lycopene, Lutelin (Cod), Potassium Iodide, Sodium Molybdate, Ascorbyl Palmitate, Sodium Ascorbate, di-Alpha Tocopherol, Sodium Selenate, Sodium Metasilicate, Phytolactone, Biotin, Sodium Metavanadate, Nickelous Sulfate, Stannous Chloride, Tricalcium Phosphate, Ergocalciferol, Cyanocobalamin.

Distributed by Albertsons, Inc., Boise, Idaho 83726

GII- and Water-soluble Vitamins with Minerals Tablets USP.

Suggested use: Take one tablet daily with a full glass of water, preferably after a meal.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (other

than from beta carotene) may weaken the bones in older adults. Consult your physician before taking another vitamin A-containing supplement with this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Keep in a cool dry place.

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