



Solar D Gems®

**4000 IU Vitamin D₃
plus Omega-3s**



DIETARY SUPPLEMENT

Supports Bone Health & Immune System Function*
360 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%**
Vitamin A (as retinyl palmitate)(from cod liver oil)	90 IU	2%
Vitamin D (as cholecalciferol)(from cod liver oil and cholecalciferol concentrate)	4,000 IU	1000%
Vitamin E (as natural d-alpha tocopherol)☆	1 IU	3%
Norwegian Cod Liver Oil	500 mg	†
Total Omega-3s▲	115 mg	†
DHA (Docosahexaenoic Acid)▲	50 mg	†
EPA (Eicosapentaenoic Acid)▲	42 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. ▲ Reported as triglycerides.

Other Ingredients: Natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod). ☆ Antioxidant to protect freshness.

Directions: Adults take one soft gel every other day, **at mealtime.**

Solar D Gems® provides the natural form of vitamin D3 for people who do not get enough from the sun plus omega-3s from fish oil.

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

✓ **Gluten-free** ✓ **Preservative-free**

POTENCY & QUALITY GUARANTEED

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An FDA Regulated Facility



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