

Natrol® Melatonin is a drug-free sleep aid for relief of occasional sleeplessness that includes Vitamin B6 to aid the body in naturally producing melatonin. Melatonin helps establish normal sleep patterns for more restful sleep, reduced anxiety, and better overall health.† 100% Vegetarian.

WARNING: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your physician before using if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 511 F: 3000208 L: 2004366-15197



Actual Size

NATROL

Melatonin

3mg

- Drug-free Nighttime Sleep Aid[†]
- Helps Reduce Anxiety[†]
- With Vitamin B6

120 TABLETS
DIETARY SUPPLEMENT



Directions: Take 1 tablet 20 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 120

Amount Per Serving	%DV*
Vitamin B-6 (from Pyridoxine Hydrochloride)	10 mg 500%*
Calcium (from Calcium Carbonate)	63 mg 6%*
Melatonin	3 mg **

* Percent Daily Values (DV) are based on a 2,000 Calorie Diet.

**Daily Value (DV) not established.

Other Ingredients: Cellulose, Acacia Gum, Silica, Stearic Acid, Magnesium Stearate, Cellulose Gum, Maltodextrin, Hypromellose.

Manufactured by NATROL LLC
Chatsworth, CA 91311 • USA

1 800 2-NATROL (800 262-8765)

www.natrol.com

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

LOT/EXP: