



Ultimate Man[®] 50+

high potency
multivitamin • multimineral

cardiovascular[®]
immune[®]
energy production[®]
antioxidant[®]

180 Tablets • Dietary Supplement

actual size

gluten
free

dairy
free

nut
free

Supplement Facts

Serving Size 3 Tablets

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin A (as Vitamin A palmitate and beta carotene)	5,000 IU	100%
Vitamin C (as Active C [®] (as Tri-Scorb [™] Proprietary Blend (as calcium ascorbate, magnesium ascorbate and zinc ascorbate)))	200 mg	333%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopherol succinate)	30 IU	100%
Vitamin K (menaquinone-7)	45 mcg	56%
Thiamine (Vitamin B1)(as thiamine mononitrate)	25 mg	1667%
Riboflavin (Vitamin B2)	25 mg	1471%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Folate (as folic acid)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	100 mcg	1667%
Biotin (as d-biotin)	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	25 mg	250%
Calcium (as calcium carbonate, dicalcium phosphate and Active C [®])	200 mg	20%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide and Active C [®])	100 mg	25%
Zinc (as zinc citrate and Active C [®])	15 mg	100%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper glycinate)	2 mg	100%
Manganese (as manganese glycinate)	2 mg	100%
Chromium (as chromium nicotinate glycinate chelate)	200 mcg	167%
Molybdenum (as molybdenum bis-glycinate)	75 mcg	100%
Alpha Lipoic Acid	50 mg	*
Green Tea Extract (Camellia sinensis)(leaf) std to 95% Polyphenols (47.5 mg) std to 40% EGCG (20 mg)	50 mg	*
Pomegranate Extract (Punica granatum)(fruit) std to 40% Ellagic Acid (40 mg)	100 mg	*
Choline (as choline bitartrate)	25 mg	*
Inositol	25 mg	*
Boron (as boron glycinate)	3 mg	*
Black Pepper Concentrate	5 mg	*
Lutein	1 mg	*
Lycopene	1 mg	*

	Amount Per Serving	% Daily Value
Vanadium (as vanadyl sulfate)	1 mg	*
Ginkgo Biloba Extract (Ginkgo biloba)(leaf) std to 24% Ginkgo Flavon glycosides (28.8 mg)	120 mg	*
Cinnamon Bark Extract std to 10% Polyphenols (10 mg)	100 mg	*
Coenzyme Q-10	50 mg	*
Phytosterol (as beta-sitosterol, stigmasterol, campesterol and brassicasterol)	100 mg	*
Saw Palmetto Extract (Serenoa repens)(fruit) std to 45% Fatty Acids (22.5 mg)	50 mg	*

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, pharmaceutical glaze, hypromellose, natural vanilla, carnauba wax, glycerin.

Contains: Soy.

Does not contain: Wheat, Gluten, Salt, Citrus, Dairy, Fish, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, take three (3) tablets daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are taking any medication or have any medical conditions.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

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