



Lutein

6 mg

DIETARY SUPPLEMENT

To Promote and Maintain Healthy Vision*

60 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Vitamin E (as d-alpha tocopherol)	1 IU	3%
Lutein	6 mg	**
[Extracted from marigolds (<i>Tagetes erecta</i>)(flower)]		
Zeaxanthin	300 mcg	**

** Daily Value (DV) not established.

Other Ingredients: Soybean oil, beeswax. Soft Gel Shell: Beef gelatin, glycerin, water. Contains soy.

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POTENCY & QUALITY GUARANTEED

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Lutein and zeaxanthin are carotenoids supplied by fruits and vegetables which are important to vision. The eye contains concentrated amounts of lutein and small amounts of zeaxanthin in and around the macula.*

Carlson provides lutein with naturally occurring zeaxanthin extracted from marigold flowers, in easy-to-swallow soft gels. Vitamin E has been added to protect freshness.

Directions: Take 1 soft gel daily, at mealtime.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**



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