

**Natrol® Alpha Lipoic Acid (ALA)** is a powerful antioxidant that helps protect your cells from oxidative damage related to aging and environmental stress. ALA supplementation can support your energy metabolism and help rejuvenate your cells. ALA can also encourage glucose uptake by the body's cells.†

**Consult your healthcare professional** prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 310 F: 3000171 L: 2004356-15058



NATROL

# Alpha Lipoic Acid

## 100mg

- Whole Body Cell Rejuvenation†
- Helps Protect Against Age-Related Damage†

**60 CAPSULES**  
**DIETARY SUPPLEMENT**



**Directions:** Take 1 capsule, one time daily, with a meal.

### Supplement Facts

**Serving Size:** 1 Capsule

#### Amount Per Serving

|                   |         |
|-------------------|---------|
| Alpha Lipoic Acid | 100 mg* |
|-------------------|---------|

\*Daily Value not established.

**Other Ingredients:** Rice Powder, Gelatin, Water, Magnesium Stearate.

**Manufactured by NATROL LLC**  
Chatsworth, CA 91311 • USA  
1 800 2-NATROL (800 262-8765)  
[www.natrol.com](http://www.natrol.com)

**NO** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Corn, Artificial Colors or Flavors, Added Sugar or Preservatives.

**NO  
UV**